

INSTRUCTORS

ABOUT DEBRA E. MCLAUGHLIN

Certified Professional Midwife, Licensed Midwife–Minnesota, Craniosacral Therapist,

Professional Educator

Debra has over 28 years of experience providing support for parents and babies during pregnancy, childbirth and beyond. First as a birth doula, then craniosacral therapist, and eventually a midwife.

Today she works with people of all ages to help them improve their physical and emotional health and wellness. Specializing in gentle hands–on therapy to restore balance to the body, her techniques have helped thousands experience more comfortable pregnancies, easier births and happier babies. Debra had the great privilege of training with Dr. Carol Phillips, D.C, developer of Dynamic Body Balancing. She served teaching assistant to Dr. Phillips from 2002 – 2007 in a variety of settings including workshops for doctors of chiropractic, chiropractic students, nurses, midwives, and manual therapists.

A dynamic presenter, Debra has developed educational programs and taught medical professionals and students, doulas, massage therapists, and parents. Well–known for her ability to share information in ways that are easy for various audiences to understand and grasp, she has developed a reputation among health providers as a gifted educator. Her passion for helping audiences understand structural issues and their impact on the birthing process has led her to develop a number of educational programs for birth professionals, medical and nursing students, bodyworkers, and families. She is the creator of MAP™ for Better Birth, MAP™ for Newborn Health, and co–creator of Integral Touch of Birth.

Inspired by her work as a birth doula using her craniosacral skills prenatally and during labor, Debra embarked on her midwifery training. This included apprenticeship with gifted traditional home birth midwives, naturopathic physicians/midwives, Certified Nurse Midwives, and Certified Professional Midwives. She enjoyed a Fellowship with Health Foundations Birth Center, in St Paul, MN. The mixed practice including Certified Professional Midwives, Certified Nurse Midwives, an OB–GYN Physician as well as Naturopathic Physicians and a variety of wellness practitioners. This environment provided an excellent opportunity for developing and testing tools and techniques for assessment, correction, and teaching in a busy birth practice.

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ABOUT MARCELLO WINDOLPH

Marcello Windolph is a certified Perceptual Educator and Fasciatherapist MDB based in Amsterdam.

After having been invited to the 2016 Spinning Babies International Confluence as a workshop leader and keynote speaker, Marcello co-created the ITB (Integral Touch of Birth) 4-day intensive training for pregnancy bodyworkers with Deb McLaughlin and Adrienne Caldwell. Marcello travelled and taught internationally with Gail Tully from Spinning Babies, Jenny Blyth and Fiona Hallinan from Birthwork Australia, and others.

In his birth-related work Marcello is currently teaching Fasciatherapy MDB and the ITB 4-day intensive twice a year in Minnesota, USA. His latest project was inscribing his developments into the Center of Doula Pathways with Camalo Gaskin in Berlin, Germany.

After the study of anthropology and philosophy at the University in Heidelberg, Germany, Marcello became a musician studying double bass at the Conservatory of Amsterdam, the Netherlands.

The effects music had on his intimate self set an internal course, guiding him into the presence of teachers of other old music cultures like Pandit Hariprasad Chaurasia (bansuri flute) and Dhruba Ghosh (sarangi) with whom the exploration of the internal place of the heart became a joy and inspiration.

After obtaining his master degree in music at the Royal Conservatory of the Hague, he directed his focus of attention and work to the underlying vehicle of life and turned towards his own body as a field of study and exploration.

Having come into contact with many forms of bodywork like yoga, different massage techniques, pilates, aikido, manual treatment modalities, acupuncture/pressure and different forms of chi kung, he experienced the unusually effective form of Xing Shen Zhuang in 2003 through which he successfully healed from various physical problems accumulated being a professional musician.

The years that followed he devoted to the study and self research of this uncommon traditional taoist form of foundation training intensively with Prof. Wang Ting-Jun in Europe and in China. In 2010 he became a student of Wang Liping, the 19th generation lineage holder of the 'northern dragon-gate school of Taoism' in north east China. Under the guidance of Master Wang Liping Marcello was introduced to new perceptions and a desire to use the developed capacity to support others in life emerged. The arts of healing and 'developing perception' became his passion and turned into his profession over the years.

Marcello's therapeutic approach is based in western scientific methods as a student of Prof. Dr. Danis Bois (founder of Fasciatherapy MDB and Perceptual Education MDB). In the years assisting and learning with Prof. Dr. Danis Bois all experiences and trainings mentioned melted together and now inform the principles and methods that are the contents of Marcello's teaching. He is currently assisting the Perceptual Education MDB course at the University in Paris, France and the Fasciatherapy MDB course in Clermont-Ferrand, France.